Self-Awareness for Managers

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l opened up every decision to the team

"He's so generous!" "He's so open-minded!" "He's one of the good ones!"

- My imagination

What did the team think?

"The decisions are just extra work." "Not everything needs to be a whole discussion."

"Sometimes we just want to move on."

- The team

decision Dangerous pattern:

teams

Getting feedback from our own imaginations

> Missed tradeoffs

About me

- Name: Yaphi Berhanu
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- **Company:** Squarespace
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Uncomfortable questions

- Do you know the hidden side-effects of your decisions?
- Are you hurting productivity and morale without realizing it?
- Are your decisions actually good, or are people just agreeing with you because you're writing their performance review?

It's easy to bog down your teams without ever realizing it.

Welcome to the journey of self-awareness

Where we'll go

Fog of bad incentives

Sea of iceberg requests Palace of Theory

Part 1 of 3: The Fog of Bad Incentives

Beware incentives to agree with you

Your opinions affect other people's careers

Who has incentives to agree with you?

Story time!

The engineer and the useless project

"This project is useless, but I'm doing it for the promotion."

- A surprising number of people, probably

The incentive to agree blocked info from getting to the manager

Make it safe to disagree with you

Reframe disagreeing as helping

"But I'm still evaluating their performance..."

You get what you reward

Incentive to agree?

lncentive to tell you the truth

Treasure haul

- Make it safe to disagree
- Reframe disagreeing as helping
- Reward truth rather than agreement

Part 2 of 3: The Sea of Iceberg Requests

Know what you're asking people to do

Beware making iceberg requests Small on the surface; huge underneath



Story time!

The Tale of the Ruined Project



How to avoid making iceberg requests

1. Make the priority level clear

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2. Get feedback and then follow through

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Part 3 of 3: The Palace of Theory

Do not let theory shield you from reality

Think about your own previous managers

"Could that be me?"

Story time!

The Tale of the Future Promotion

Their plan (the theory):

Don't bring up the promotion too early and risk disappointing the team members in case it doesn't work out

Observed reality:

Star performers quit

Navigating theory vs reality

Get feedback from the people who are affected

Getting useful feedback

- Ask questions in neutral ways

- Talk to people on different parts of the career ladder

Getting useful feedback

If too much of your calendar involves people at your career level, you might be missing valuable information.

Navigating theory vs reality

Learn from other people's stories

The Palace of Theory is too comfortable

The Palace of Theory is a dungeon

Treasure haul

- Get feedback from affected people
- Ask questions in neutral ways
- Talk to people at different career levels
- Reframe a lack of feedback as a danger zone rather than a comfort zone

The Realm of Self-Awareness

Tips from our journey

1. Deflect **incentives** to agree with you.

2. Know the **costs** of what you're asking people to do.

3. Mind the gap between **theory** and **practice**.

So how does this advice work in practice?

What you can do, starting today

1. Ask people about their past managers.

2. Thank someone for disagreeing with you.

3. Next time you make a **request**, make the **priority level** clear and ask about the **costs** of following the request.

Why this matters

No matter how good your intentions are, you might be bogging down your team.

But don't overthink it

You gain the perspectives you invite

The End

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