## Self-Awareness for Managers

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### l opened up every decision to the team

"He's so generous!" "He's so open-minded!" "He's one of the good ones!"

#### - My imagination

## What did the team think?

"The decisions are just extra work." "Not everything needs to be a whole discussion."

"Sometimes we just want to move on."

#### - The team

## decision Dangerous pattern:

teams

Getting feedback from our own imaginations

> Missed tradeoffs

#### About me

- Name: Yaphi Berhanu
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- **Company:** Squarespace
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## Self-Awareness for Managers

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#### **Uncomfortable questions**

- Do you know the hidden side-effects of your decisions?
- Are you hurting productivity and morale without realizing it?
- Are your decisions actually good, or are people just agreeing with you because you're writing their performance review?

## It's easy to bog down your teams without ever realizing it.

### Welcome to the journey of self-awareness

### Where we'll go

#### Fog of bad incentives

Sea of iceberg requests Palace of Theory

## Part 1 of 3: The Fog of Bad Incentives

Beware incentives to agree with you

## Your opinions affect other people's careers

# Who has incentives to agree with you?

### **Story time!**

#### The engineer and the useless project

#### "This project is useless, but I'm doing it for the promotion."

- A surprising number of people, probably

## The incentive to agree blocked info from getting to the manager

# Make it safe to disagree with you

## Reframe disagreeing as helping

## "But I'm still evaluating their performance..."

# You get what you reward

#### Incentive to agree?

#### lncentive to tell you the truth

#### **Treasure haul**

- Make it safe to disagree
- Reframe disagreeing as helping
- Reward truth rather than agreement

## Part 2 of 3: The Sea of Iceberg Requests

Know what you're asking people to do

#### **Beware making iceberg requests** Small on the surface; huge underneath



#### Story time!

#### The Tale of the Ruined Project



# How to avoid making iceberg requests

#### 1. Make the priority level clear

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2. Get feedback and then follow through

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## Part 3 of 3: The Palace of Theory

#### Do not let theory shield you from reality

# Think about your own previous managers

## "Could that be me?"

## Story time!

#### The Tale of the Future Promotion

## Their plan (the theory):

Don't bring up the promotion too early and risk disappointing the team members in case it doesn't work out

## **Observed reality:**

#### Star performers quit

#### Navigating theory vs reality

# Get feedback from the people who are affected

#### **Getting useful feedback**

#### - Ask questions in neutral ways

# - Talk to people on different parts of the career ladder

#### **Getting useful feedback**

If too much of your calendar involves people at your career level, you might be missing valuable information.

#### Navigating theory vs reality

# Learn from other people's stories

# The Palace of Theory is too comfortable

# The Palace of Theory is a dungeon

#### **Treasure haul**

- Get feedback from affected people
- Ask questions in neutral ways
- Talk to people at different career levels
- Reframe a lack of feedback as a danger zone rather than a comfort zone

## The Realm of Self-Awareness

### **Tips from our journey**

1. Deflect **incentives** to agree with you.

2. Know the **costs** of what you're asking people to do.

3. Mind the gap between **theory** and **practice**.

# So how does this advice work in practice?

#### What you can do, starting today

1. Ask people about their past managers.

2. Thank someone for disagreeing with you.

3. Next time you make a **request**, make the **priority level** clear and ask about the **costs** of following the request.

### Why this matters

No matter how good your intentions are, you might be bogging down your team.

### But don't overthink it

You gain the perspectives you invite

### The End

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