Session 2

Group Exercise

Independent thinking

- 1. Think about these three motivation areas:
 - a. Technical/learning/project motivation
 - b. Cultural engagement
 - c. Purpose/'why' motivation
- 2. Rate how well you're doing in each of these motivations, on a scale
 - of 1 5 (1 being the lowest, 5 being the highest)
 - a. First, from your personal perspective
 - b. Then, from the perspective of your team

Round Robin exercise in your group

- Share which of the areas received the lowest score when thinking about your own perspective what would an improved score look like to you?
- Repeat this exercise, thinking about your teams perspective

Group Discussion

Discuss as a group how you can move yourselves towards a higher score in each of the three areas

- Take roughly 7 minutes per area
- Make sure whoever listed that area as their lowest, has a time to contribute to the discussion

